



How can you REDUCE your waste in Green River?



Any reduction in waste is a step forward; you don't have to do it all at once. “Reduce” is a comparative word. It says: cut back from where you are now. When you shop, shop differently. Look for things with less packaging and for things that will last – things that are not just durable and well-made, but useful and beautiful enough to please you for a long time.

- Say **no to junk mail and magazines** you don't want. Look for a website, email or phone number and request to be taken off of their mailing list.
 - <https://www.catalogchoice.org/> Free service to opt out of catalogs, coupons, credit card offers, phone books, circulars and more.
 - http://www.directmail.com/directory/mail_preference/Default.aspx
The key to stopping unwanted advertising mail being delivered to your home is getting your name off the mailing lists.



- **Buy bulk:**
 - Buy **larger packages** to get more content per package, for example:
 - Larger boxes or bags of cereal instead of multiple boxes.
 - Or buy larger containers of olive oil and just refill the smaller bottle; you may already have a small bottle!



- **Avoid overly packaged goods.** The packaging is a total throw-away.

- Buy and use **reusable bags**. They can be found all over, look for them in all your local business.



- Reduce the use of electricity by **switching off lights** and applications when not in use.



- **Reduce toxicity of waste.** Selecting nonhazardous or less hazardous items is another important component of source reduction. Using less hazardous alternatives for certain items (e.g., cleaning products and pesticides).