

# COERVER MOUNTAIN WEST

June 13 - 16, 2016 @ Zehawi Fields

## The Camp

Coerver Mountain West in conjunction with the Green River Parks and Recreation Department is conducting a soccer camp for ages 4 to 13 for beginning to intermediate players and a high school camp for ages 14 to 18. The Coerver Mountain West professionally trained coaches will teach you all the 1v1 change of direction, hesitation and feint moves, keep possession and beat opponents. You will learn when to go in alone or combine with teammates against packed defenses. The Soccer Tech curriculum will improve your coordination, ball mastery, finishing and your understanding of the game. You will be tested on your speed and accuracy with the ball and play in competitive games every day of camp. You will be faster, stronger and smarter on the ball. Guaranteed!

The following camps are offered for the week:

(All campers receive a camp T-shirt and certificate of participation)

**First Skills:** Ages 4 to 6, 4 days from 9:00 AM to 10:30 AM. Cost - \$95

Fun is the cornerstone of the curriculum with an introduction to basic skills and a positive experience in the game featuring individual and team contests, small sided games and a mini World Cup Competition. The atmosphere is energetic and joyful as we encourage all soccer players to learn to love the game.

**Ball Mastery Camp:** Ages 7 to 11, 4 days from 9:00 AM to Noon. Cost - \$155

Emphasis is placed on individual skill development and basis moves with the goal of developing confidence on the ball. Games are played to practice the moves in a method that starts with no pressure and slowly adds the pressure of time and/or space restrictions. All players will be trained in 1v1 moves, receiving and passing, speed, finishing/shooting, group play and defending.

**Advanced & Team Camp:** Ages 8 to 14, 5 days from 9:00 AM to Noon. Cost - \$185

A fun step-by-step camp specifically designed to work with players of young ages. Camp teaches the fundamentals of soccer and builds confidence in a fun, safe soccer environment.

**High School Prep:** Ages 14 to 18, 5 days from 7:00 AM to 8:30 AM. Cost - \$150

Players will be coached with current college soccer coaches on the following tactical components of soccer: 1v1 dominating a component, individual component work, speed training, small sided games, group and individual attacking and defending principles, possession with purpose, finishing and 11v11 tactics.

**Register at: [www.coervermountainwest.com](http://www.coervermountainwest.com)**

For more information, contact Kevin at 872-0515.