SPRING/SUMMER 2020 PROGRAMS
GREEN RIVER PARKS AND RECREATION
WWW.CITYOFGREENRIVER.ORG

Next Brochure: Fall/Winter 2020
Registration: August 20th, 2020

greenriverreccenter

Green River Parks and Recreation
Special Pool Activities

The Recreation Center Swimming Pool will feature special activities throughout the week for your enjoyment. Come and join us for a splashing good time! Times and hours are subject to change, be on the lookout for new features!

**ICEBERG TIME!**
Features a seven foot iceberg to climb and slide! Slides, diving board and lap lanes will be closed.

1st Saturday of the Month (except WIBIT days) 1:00 to 2:30 PM
(through May 2nd and beginning again September 5th)
Every Saturday May 23rd - Aug. 8th .... 1:00 to 2:30 PM

**FLOAT TIME!**
NEW! Features a Giant HAND from WIBIT in our deep end! Also, it includes single and double style tubes, the log, and turtle! Slides and diving boards will be closed. Lap lanes will remain open.

Winter Hours - through May 21st (resumes August 19th)
Tuesday ............... 7:00 to 8:30 PM
Thursday ............... 5:30 to 7:00 PM
Saturday (except 1st of the Month) ........ 1:00 to 2:30 PM

Summer Hours - May 21st - August 18th
Monday, Wednesday, Thursday, & Sunday ..... 2:00 to 3:30 PM

**WIBIT!**
Features a floating challenge course with a slide at the finish! Pool slides and diving board will be closed, one lap lane will remain open.

March 13th, June 12th, July 17th, & August 15th ............... 12:30 PM to 5:30 PM
April 18th, May 16th, June 13th, July 18th & August 15th ........ 11:30 AM to 3:30 PM

The City Tree Board in conjunction with the City of Green River Parks Division will be conducting a small ceremony commemorating Arbor Day. 2020 marks the 37th consecutive year that Green River has held the designation of a “Tree City, USA.” Green River is the second longest running Tree City in the great State of Wyoming; second only to our Capital of Cheyenne.

Refreshments will be served, seedlings given to attendees, educational information provided as well as door prizes and community camaraderie.

May 9, 2020 at Riverside Memorial Park from 10:00 AM - 12:00 PM
Arbor Day is a day set aside for the planting and appreciation of trees.
Come join us in celebrating Arbor Day.

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## Parks & Recreation Contact List

Brad Raney, 872-6147  
Director of Parks & Recreation

Doug Stewart, 872-6153  
Parks & Facilities Supervisor

Kristy Lessard, 872-6151  
Administrative Services Technician

Debbie Hansen, 872-6148  
Administrative Services Technician

Katie Blood, 872-0513  
Rec. Center Supervisor; Operations

Katie Duncombe, 872-0514  
Rec. Program Supervisor;  
GRASP, Summer Day Camp, & Gymnastics

Kevin Sadler, 872-0515  
Rec. Program Supervisor;  
Youth Sports and Youth Leagues

Sherry Schumacher, 872-0517  
Rec. Program Supervisor;  
Fitness Classes and Swim Lessons
Registration and Refund Procedures

1. Registration can be completed at the Recreation Center during hours of operation or on-line at www.cityofgreenriver.org and navigate to the parks and recreation department page or grpr.activityreg.com and navigate to the Green River, Wyoming page. Registration is on a first-come, first-serve basis.

2. Refunds will be granted on a case by case basis and will be reviewed by the supervisor in charge of the program. Refunds on room reservations will only be available with forty-eight hours notice.

3. Photos and videos are periodically taken at events and activities and may be used in the Parks and Recreation Department’s marketing material and web site promotions.

4. A detailed printout of these procedures are available upon request.

5. In accordance with the Americans with Disability Act, (ADA), the City of Green River Parks and Recreation Department does not discriminate against individuals with disabilities.

If ADA accommodations are needed please call (307) 872-0511 ext. 0

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**Friday Night Roller Skating**

7:00 PM to 8:45 PM through Friday, April 24th  
(Skate night resumes Friday, October 2nd)

Join us in the gymnasium for roller skating fun. Music and games for your entertainment. Admission plus $4.00 skate ticket provides you with an evening of FUN! Rental skates are available for $2.00 a pair.

**THEMED SKATE NIGHT**

- Friday, February 21st - Mardi Gras
- Friday, March 13th - Glow in the Dark
- Friday, April 24th - LUAU

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**Assistance Program**

The Green River Recreation Center is pleased to offer assistance to area residents that do not have the financial means to utilize the facility and its leisure programs. Individuals that qualify for Food Stamps (FS), Temporary Assistance for Needy Families (TANF) and/or Title XIX (Medicaid) receive 75% reduction on approved program fees and you must re-qualify every six months by providing verification.

Recreation Center Pass Program: This program allows eligible seniors, adults, and youth a six month membership at 75% off their regular cost. If approved; six-month membership fees are: Senior’s $18.00, Adults $60.00, and Youth $37.50.

Youth Scholarship Program: This program allows eligible youth to register for approved leisure programs at 75% off their regular cost.

Applications are available at the Recreation Center.
Rec Center Hours of Operation

**General Facility Hours**
- Monday-Friday: 5:00 AM to 9:00 PM
- Saturday (Oct-April): 8:00 AM to 5:00 PM
- Saturday (May-Sept): 10:00 AM to 4:00 PM
- Sunday: 12:00 PM to 4:00 PM

**Pool Hours**
- *Monday-Friday*: 5:00 AM to 1:00 PM
- 4:00 PM to 8:30 PM
- Mon-Fri (School Out): 5:00 AM to 8:30 PM
- Saturday (Oct-April): 8:00 AM to 4:30 PM
- Saturday (May-Sept): 10:00 AM to 3:30 PM
- Sunday: 12:00 PM to 3:30 PM

**Punch Passes**
- Youth (8-18): $50.00 *(or $2.50 per pass!)*
- Adult (19-59): $80.00 *(or $4.00 per pass!)*

Punch Passes are 20 admissions good for one year from the date of purchase. Punch Passes do not cover class fees.

Admission Fees

Fees are subject to change July 1, 2020 with the adoption of the Fees & Charges Schedule.

<table>
<thead>
<tr>
<th>Daily Admission Fees</th>
<th>Monthly Pass</th>
<th>Annual Pass</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth (8-18)</td>
<td>$3.00</td>
<td>$25.00</td>
</tr>
<tr>
<td>Adult (19-59)</td>
<td>$5.00</td>
<td>$40.00</td>
</tr>
<tr>
<td>Senior Citizen (60-79)</td>
<td>$2.00</td>
<td>$12.00</td>
</tr>
<tr>
<td><em>Family</em></td>
<td>$15.00</td>
<td>$80.00</td>
</tr>
<tr>
<td>Senior Citizen (80+)</td>
<td>FREE!!</td>
<td>$200.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$350.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$125.00</td>
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<td></td>
<td></td>
<td>$700.00</td>
</tr>
</tbody>
</table>

Punch Passes include admission to the facility and health and fitness programs.

Annual Passes include towel service and four complimentary admission passes (Up to 12 maximum; Senior 80+ not included). Passes expire 1 year from the date of purchase.

Active Military/Veterans Discount

Active Military/Veteran Personnel - Just show your I.D. or DD214 and sign up for your pass today at the youth rate for the day, month or year.

Recurring Membership

Tired of forgetting to bring your money when your membership expires? Be comforted knowing on the 25th of each month your membership is renewed automatically. Withdraw by the 1st of the month. Ask the front desk about Recurring Memberships, number listed above.

Safety Alert: Children under eight must be accompanied and supervised by an adult in the swimming pool! It is required not only for the safety of your child, but is also state law.

** “Family” is defined as 2 adults plus dependant children in the household up to age 24.**
Nursery Services

The Green River Recreation Center nursery is available for your convenience while using the facility or the outdoor walking track. This short term nursery service requires that each child have a responsible adult in the facility during the child’s stay with us. Children age three months through seven years will be accepted. Two nursery attendants provide activities, videos, games, and toys. Hours and policies are subject to change based on usage and needs.

Monday - Friday: 8:30 AM to 11:00 AM
Monday - Thursday: 5:30 PM to 8:00 PM

Effective starting May 2020
Summer Hours (May-Sept):
Monday - Friday: 8:30 AM to 11:00 AM

Winter Hours (Oct-Apr):
Monday - Friday: 8:30 AM to 11:00 AM
Tuesday & Thursday: 6:00 PM to 8:30 PM

Fee
$3.00 per hour/per child

Program, Court, and Rental Fees

<table>
<thead>
<tr>
<th>Locker Fees</th>
<th>Daily Locker rental</th>
<th>$1.00</th>
<th>Quarterly Rentals</th>
<th>$40.00 (3 Month)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Court Rental</th>
<th>Hourly</th>
<th>$5.00</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Class Fees</th>
<th>Single Class Fee</th>
<th>$3.00</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>20 Punch Class Card</td>
<td>$30.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Roller Skating Fees</th>
<th>Friday tickets</th>
<th>$4.00</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Skate rentals</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Room Rental Fees</th>
<th>Room rental</th>
<th>$40 per hour</th>
</tr>
</thead>
</table>

Holiday Closures

April 12th - Closed for Easter Sunday

May 25th - Closed for Memorial Day

July 4th - Closed for Independence Day

Special Closures

- Be on the lookout for our annual shutdown dates around August 2020.
- Gym Closed May 15 & 16 for a Karate Tournament.

Thank you for your cooperation while we work on preventative maintenance of our 30+ year old building and make improvements.

Barbara Carroll Half Mile Walking and Jogging Track

The track was officially named the Barbara Carroll Walking Track in honor of her efforts in getting the path built.

General Track Rules:
Beware of intersections - both are visible
Slower traffic stays to the right
Please be considerate of others
Nursery available during regular hours
No motorized vehicles allowed
Pets are welcome, but must be on a leash
Rec Center Birthday Parties

Wondering what to do for your child’s next birthday? Have a party at the Green River Recreation Center! Each package includes admission to the facility for eight youth, set-up, clean-up, plates, cups, hats, horn blowers and a personalized birthday banner. Additional children $5.00 each

Basic Package $60.00
Package #2 $70.00
Package #3 $75.00

Adult supervision and assistance required for all birthday packages.

Call 872-0511 for more information.

The Rec Center is working on revamping their birthday party packages. Be on the lookout for our updated party ideas.

If you have any suggestions, please call the Recreation Center Supervisor, Katie Blood, at (307) 872-0513

Gymnastics Birthday Party

Celebrate your child’s birthday with a gymnastics birthday party package at the Pavilion on Expedition Island. They can tumble, roll, and balance their way into a new year. Set-up, clean-up, plates and cups provided. An instructor will be on hand to answer questions and ensure equipment is used in a safe manner.

$90.00 for a 2 hour party with a recommendation of 15 children (includes setup and cleanup time).

Nerf War Birthday Party

Celebrate your child’s birthday with a Nerf war birthday party package at the Pavilion on Expedition Island. Set-up, clean-up, plates and cups provided. An instructor will be on hand to answer questions and ensure equipment is used in a safe manner.

$110.00 for a 2 hour party with a recommendation of 10 children (includes setup and cleanup time).

10 Nerf guns & eye protection provided. Recommended for 8 years and up.

Adult supervision and assistance required.

Contact Katie at 872-0514 for more information and to reserve your party day! Limited dates available.

Green River Bike Park

Located at 1795 Bridger Drive
Green River Progressive Bike Park encompasses 3.5 acres of trails, jumps, loops, and free ride zones. Skill zones include beginners, advanced, and expert.

Come out, try out, and enjoy - Remember Safety First. Wear your safety gear and be courteous of your fellow riders.
American Red Cross Learn to Swim

March - May Sessions: Monday & Wednesday
Summer Sessions 1 - 4: Monday - Thursday

Class Fee: $30.00        Class size minimum is 3        Class size maximum is 5

<table>
<thead>
<tr>
<th>SESSION NAME</th>
<th>DATES</th>
<th>DEADLINE</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>M/W 3/2 - 3/18</td>
<td>Thursday, February 27</td>
<td>Rec Center</td>
</tr>
<tr>
<td>April</td>
<td>M/W 3/30 - 4/15</td>
<td>Thursday, March 26</td>
<td>Rec Center</td>
</tr>
<tr>
<td>May</td>
<td>M/W 4/27 - 5/13</td>
<td>Thursday, April 23</td>
<td>Rec Center</td>
</tr>
<tr>
<td>Session 1</td>
<td>M-Th 6/1 - 6/11</td>
<td>Thursday, May 28</td>
<td>Rec Center</td>
</tr>
<tr>
<td>Session 2</td>
<td>M-Th 6/22 - 7/2</td>
<td>Thursday, June 18</td>
<td>Rec Center</td>
</tr>
<tr>
<td>Session 3</td>
<td>M-Th 7/13 - 7/23</td>
<td>Thursday, July 9</td>
<td>High School</td>
</tr>
<tr>
<td>Session 4</td>
<td>M-Th 8/3 - 8/13</td>
<td>Thursday, July 30</td>
<td>High School</td>
</tr>
</tbody>
</table>

CLASS TIMES: 6:00 PM - all levels & 6:35 PM - Level 1 and Level 2 only
9:00 AM, 10:00 AM, 11:00 AM - Session 1-4 ONLY all levels

- Parent/Child (6 months to 3 years): Basic water introduction and skills for parent and child (30 minutes)
- Level 1 (4 years and over): Introduction to water skills, underwater activities and safety (30 minutes)
- Level 2 (4+): Fundamental skills, floats, glides, treading water, arm and leg motion (30 minutes)
- Level 3 (4+): Stroke development, flutter, dolphin, scissor and breaststroke kicks and backstroke (45 minutes)
- Level 4 (4+): Stroke improvement, confidence in skills, headfirst entries, breast stroke and butterfly (45 minutes)
- Level 5 (4+): Stroke refinement, coordination, shallow angle dive, front and back flip turn and safety (45 minutes)
- Level 6 (4+): Swimming and skill proficiency for focus on higher level courses (45 minutes)

Private Swim Lessons

Private Swim Lessons are available for youth or adults in 30-minute sessions, based on availability of pool and instructors. Register at the Recreation Center and pay the lesson fee. Staff will contact you within two business days to set-up appointment times. Cancellations must be made 24 hours in advance. Limit two students per lesson.

Fees: $20.00 per 1/2 hour for 1 student
or $35.00 per 1/2 hour for 2 students *(must be same swimming ability)
Green River Recreation Center
Class Schedule

All classes are subject to cancellation pending adequate participation levels. Classes are included as part of all monthly and annual passes.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:15 to 6:15 AM</td>
<td>Pump N’ Flex</td>
<td>Group Cycling</td>
<td>Pump N’ Flex</td>
<td>Group Cycling</td>
<td>Various Class Formats</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>see our flier for specifics</td>
</tr>
<tr>
<td>6:30 to 7:30 AM</td>
<td>Shallow Water Aerobics</td>
<td>Shallow Water Aerobics</td>
<td>Shallow Water Aerobics</td>
<td>Shallow Water Aerobics</td>
<td>see call the front desk for more information</td>
</tr>
<tr>
<td>8:00 to 9:00 AM</td>
<td>Deep Water Aerobics</td>
<td>Deep Water Aerobics</td>
<td>Deep Water Aerobics</td>
<td>*Deep Water Aerobics</td>
<td>9:00 AM water aerobics class will be cancelled the month of June &amp; will resume July 6</td>
</tr>
<tr>
<td>9:00 to 10:00 AM</td>
<td>Yoga</td>
<td>Yoga</td>
<td>Pump N’ Flex</td>
<td>Yoga</td>
<td>Last day of 4:45pm class will be May 20</td>
</tr>
<tr>
<td>9:00 to 10:00 AM</td>
<td>Shallow Water Aerobics</td>
<td>Shallow Water Aerobics</td>
<td>Shallow Water Aerobics</td>
<td>*Shallow Water Aerobics</td>
<td></td>
</tr>
<tr>
<td>10:30 to 11:30 AM</td>
<td>Silver Sneakers® Stability</td>
<td>Silver Sneakers®</td>
<td>10:15 - 10:45 AM</td>
<td>Silver Sneakers® Stability</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Muscular Strength</td>
<td>(30 Minutes)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:45 to 5:30 PM</td>
<td>Time Crunch</td>
<td>Time Crunch</td>
<td>Time Crunch</td>
<td>Time Crunch</td>
<td></td>
</tr>
<tr>
<td>6:00 to 7:00 PM</td>
<td>Pump N’ Flex</td>
<td>Pump N’ Flex</td>
<td>Various Class Formats</td>
<td></td>
<td>see our flier for specifics</td>
</tr>
<tr>
<td>7:15 to 8:00 PM</td>
<td>Zumba</td>
<td>(45 Minutes)</td>
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</tbody>
</table>

*Friday - 8am Deep Water and 9am Shallow Water Aerobics will be cancelled June-August.

**See our flier or website for the most up-to-date schedule.

**Circuit Training** - In the weight room, combines a series of aerobic and weight training exercises that simultaneously helps to build both muscular strength and cardiovascular endurance.

**Deep Water Aerobics** - An intense workout with focus on core stabilization in deep water.

**Group Cycling** - A group cycling class that is non-impact and perfect for all fitness levels.

**Poundfit** - Channel your inner rockstar with this full body cardio-jam session inspired by the infectious, energizing, and sweat-dripping fun of playing the drums.

**Pump N’ Flex** - A barbell class to target every major muscle group using squats, presses, lifts and curls.

**Silver Sneakers® Muscular Strength/ Stability** - A group exercise program designed for older adults who are fit and active as well as those who are sedentary, intimidated, and unfamiliar with exercise.

**Shallow Water Aerobics** - A vigorous workout using the resistance and buoyancy of the water.

**Yoga** - Improves flexibility, strength and balance while calming the mind and reducing stress.

**Time Crunch** - This class is designed for those who have a time crunch. Time Crunch is designed with interval training using cardio and weights.

**Zumba** - A Latin inspired dance fitness class that incorporate Latin and International music and dance movements, which create a dynamic, exciting, and effective fitness system.

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Spring/Summer 2020 - Green River Recreation Center
1775 Hitching Post Dr.  872-0511 ext. 0  www.cityofgreenriver.org

Health & Fitness
Weight Training Clinics

Join us in the weight room to learn the proper techniques for using the equipment. Clinics are available to accommodate and train all ages. Class size is limited so register early. Admission to the Recreation Center plus class fee of $3.00 is required or the clinic is included with the purchase of a monthly or annual pass. Special accommodations are available for youth 12-15 wishing to use this area without supervision. Please check at the front desk for details.

Register at the front desk today. When we have 4 signed up we will set a date! Staff will contact participants when we schedule the clinic.

Personal Trainer Program

Need a little help getting started? Want a little one-on-one training? On-site certified personal trainers will get you started in the right direction and it is as easy as 1 - 2 - 3!

1. Register at the Recreation Center and pay the initial assessment fee $90.00
2. Our Certified Trainer will contact you and set-up an appointment time that works for you
3. Arrive for your appointment, pay admission to the Recreation Center, and get started!

Initial assessment includes a one-on-one consultation to help identify your fitness goals; followed by a 2nd personalized session to train and review your plan. Additional training sessions can be purchased for $45.00 per hour plus admission.

Themed Pool Events

(regular admission rates apply)

Join the Green River Recreation Center in celebrating some fun holiday events! The pool will be decorated for each event by theme. Special games will be taking place along with prizes and unique floats for each event.

**THEMED POOL EVENTS**

*Friday, April 3rd - Bunny Belly Flop*
4:30 PM to 8:30 PM

*Friday, May 27th - Tiki Pool Party*
4:30 PM to 8:30 PM

*Tiki pool party is set to coincide with the Summer Kickoff Party on Page 19 of this brochure.*
Green River Spurs Soccer

Spring Registrations already underway, please contact anyone listed below for a chance to still hop aboard.

Fall registrations will be in June.

Please call Perri Rubeck at 389-4404, Rachelle Morris at 871-9696, or Joe Vasco at 389-0078 for more information.

Find us on Facebook: Green River Spurs Soccer or on our website at www.greenriverspurs.com

Little League

Minors, Majors, & Senior’s T-Ball & Pitching Machine

Fees

Pitching Machine & T-Ball: $65.00.
Minors and Majors: $75.00.
Senior $90.00

First child is full price. A discount is offered for multiple children: $5.00.
Boys and Girls ages 4-16 are welcome.
Contact Trin DeLao 210-860-9909 for registrations.

Find us on Facebook: Green River Little League Baseball

USA Softball

USA Softball is available for girls ages eight to twenty one.

Fee is $85.00 for first player, then $75.00 for each additional family member. If you are registering for the first time you must bring a copy of your birth certificate with you, when you register. Please call Trin DeLao 210-860-9909 or email Trindelao@gmail.com for more information on Green River Girls Softball.

Check out our website at: www.grgirlssoftball.com
Find us on Facebook: Green River Girls Softball Association

Looking for something to do or someplace to go?

Check out one of the 28 parks throughout the City. Some of the many benefits of parks are:

- Improved health and wellness;
- Recreational experiences;
- Fostering environmental stewardship and appreciation of nature;
- Engaging nature through outdoor play and exploration

It has been reported that childhood play, as a whole, in comparison to a generation ago, has moved indoors versus outdoors. It is estimated that in the last few decades’s child obesity rates have more than doubled. Is it possible that this could, in part, be attributed to sedentary and indoor lifestyles? Let’s turn things around, let’s change those statistics - get outside - go to a park - get together with friends, family and co-workers for a picnic - take a walk or just enjoy an outing to see nature and all that it has to offer. You can rent a picnic shelter by visiting “www.gymdandy.io”. Shelter rates are $30.00 per day - Call and reserve yours today!
Spring/Summer 2020 - Green River Recreation Center
1775 Hitching Post Dr.  872-0511 ext. 0   www.cityofgreenriver.org

Sports & Athletics

Spring Volleyball League

Get ready to bump and spike to our Spring Volleyball League! League play will begin March 3, 2020 and ends in May.

Summer Volleyball Women’s League

Round up your friends and get ready to joust and dive your way into volleyball fun. Women’s League play will begin in May and end in July.

Roster forms and rules will be available the first week of April at the Green River Recreation Center.

Youth Basketball Clinic

As part of the Utah Jazz Youth Basketball Program, a FREE clinic will be sponsored by a Utah Jazz player at the Green River Recreation Center!

The date for this clinic is not yet available. Please call Kevin at 872-0515 if you would like to be contacted when the date for the Utah Jazz Youth Basketball Clinic is scheduled.

Youth Volleyball

Age Divisions:
3rd/4th Grade Girls & Boys
5th/6th Grade Girls & Boys

3rd through 6th Grades
League play is:
April 13 through May 14, 2020

Coaches receive free registration for one child and receive 25% off for each additional child participant.

FEES
$0.00  Coaches & Assistant Coaches
$40.00 Fee & game shirt
$28.00 Registration Fee
$33.00 Fee, immediate family discount, & game shirt
$21.00 Fee & immediate family discount (NO game shirt)
$10.00 for game shirt

February 24 - March 2: Registration for coaches, assistant coaches and their children only (would only pay $12 for jersey).

March 3 - March 10: Registration for participants (will still accept Coaches) Registrations will be limited based on the number of head coaches available in each age division.

Contact Kevin at 872-0515 for more information
Youth Co-ed Outdoor Soccer

Preschool through 6th Grade
League play is:
July 6 through August 13, 2020

Age Divisions (20/21 year):
Preschool-Kindergarten
Grades 1 and 2
Grades 3 and 4
Grades 5 and 6

Coaches receive free registration for one child and receive 25% off for each additional child participant.

FEES
$0.00 Coaches & Assistant Coaches
$40.00 with purchase of game shirt
$28.00 without game shirt
$33.00 for immediate additional family member WITH game shirt
$21.00 for immediate additional family member WITHOUT game shirt
$12.00 for game shirt

Minimum age:
Must be 3 by July 6, 2020

May 11 - 18: Registration for coaches, assistant coaches and their children only. Coaches and Assistants receive a free registration and half price registration for additional children.

May 19 - June 8: Registration for participants (will still accept registration for coaches at this time). Registrations will be limited based on the number of head coaches available in each age division. Registrations are on a first come basis.

Little Howler Youth Flag Football League

Preschool through 4th Grade
League play is:
August 24 through October 1, 2020

Age Divisions (20/21 year):
Pre-K and K (co-ed)
1st and 2nd (co-ed)
3rd and 4th (co-ed)

Coaches receive free registration for one child and receive 25% off for each additional child participant.

FEES
$0.00 Coaches & Assistant Coaches
$40.00 Fee & game shirt
$28.00 Registration Fee
$33.00 Fee, immediate family discount, & game shirt
$21.00 Fee & immediate family discount (NO game shirt)
$12.00 for game shirt

Minimum age:
Must be 4 by August 24, 2020

July 6 - 13: Registration for coaches, assistant coaches and their children only. Coaches and Assistants receive a free registration and half price registration for additional children.

July 14 - 27: Registration for participants (will still accept registration for coaches at this time). Registrations will be limited based on the number of head coaches available in each age division. Registrations are on a first come basis.
### Youth Activities

**Spring/Summer 2020 - Green River Recreation Center**  
1775 Hitching Post Dr.  872-0511 ext. 0  www.cityofgreenriver.org

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#### Gymnastics

**March 2 - 26**  
**March 30 - April 30**  
*Closed: April 6-10 for Spring Break*  
**May 4 - 14**  
*Mini Session: 2 weeks pro-rated*

Classes are held at Expedition Island Pavilion, 475 S 2nd E

<table>
<thead>
<tr>
<th>Group</th>
<th>Day(s)</th>
<th>Time</th>
<th>Duration</th>
<th>Fee</th>
</tr>
</thead>
</table>
| Pre-School/Pre-Gymnastics | M 6:00 PM (45min) | $30.00  
Creative Movement | W 9:00 AM (30min) | $22.50  
Beginners | M/W 5:15 PM (45min) | $35.00  
Tu/Th 4:15 PM (45min) | $35.00  
Combo Beg/Intermediate | W 12:30 PM (60min) | $30.00  
Intermediate | M/W 4:15 PM (60min) | $45.00  
Tu/Th 5:00 PM (60min) | $45.00  
Advanced | Tu/Th 6:00 PM (60min) | $45.00  
W 6:00 PM (60min) | $22.50  

#### Gymnastics Camps

**Workshop One:** June 15 - 18  
**Workshop Two:** July 13 - 16  
**Workshop Three:** August 3 - 6

**Pre-School**  
M-Th 3:00 PM (45min) $30.00

**Beginners**  
M-Th 12:30-2:30 PM $50.00

**Advanced/Intermediate Half Day**  
M-Th 9:00 AM-12:00 PM $60.00

**Advanced/Intermediate Full Day**  
M-Th 9:00 AM-2:30 PM $100.00

Please register by the Friday before the start of class so we don’t cancel your class!

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#### Pre-school/Creative Movement (ages 3-4):  
A **pre-gymnastics** class where participants in this class will start with a warm-up that often includes simple movements that progress into tumbling skills. We will play games, burn off some energy, learn how to control our bodies and follow basic instructions.

#### Private Gymnastics Lessons

Private Gymnastics Lessons are available for youth or adults in 30-minute sessions, based on availability of space and instructors. Register at the Recreation Center and pay the lesson fee. Staff will contact you within two business days to set-up appointment times. Cancellations must be made 24 hours in advance. Limit two students per lesson.

**Fees:** $20.00 per 1/2 hour for 1 student or $35.00 per 1/2 hour for 2 students
Green River After School Program

Register your child for the Green River After School Program.

Participants will be involved in recreational games and sports along with creating crafts and participating in fun activities. A healthy after school snack will be provided. Our highly motivated and skilled staff will lead activities and provide homework help to all participants. GRASP is currently open for grades Junior-K through 5th grade.

Location: Monroe Elementary
All other schools will be bussed by School District #2 to Monroe.

Monday through Friday
3:25 PM to 6:00 PM
Closed on all school holidays.

Open on the following Half Days
1:00 PM to 6:00 PM
March 6th & April 22nd

Open on the following Full Days
8:00 AM to 5:30 PM
February 18th & March 13th

Last day of program: May 19th

Register at the Green River Recreation Center or call Katie at 872-0514 for more information.

<table>
<thead>
<tr>
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<th>Price</th>
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<tr>
<td>30</td>
<td>$195/discount $15.00</td>
</tr>
</tbody>
</table>

*Additional Child 25% Off

Leftover punches will be refunded at the end of the school year.

Kids In Motion

Kids in Motion focuses on coordination, balance, and social interaction. Children 8 months thru 5 years will have fun interacting through free play in a creative environment. An adult must accompany every child and participate throughout the program (a ratio of one adult per three children is required). Punch cards may be purchased on site or at the Recreation Center. Each child must have their own punch card.

$3.00 per child; additional children $2.25

** Exact change is required.

10 Punch card $21.00
20 Punch card $42.00

NOTICE!
May 14 will be the last day until Fall. Classes resume next September 8, 2020. See you next fall!

Located at Expedition Island Pavilion, 475 South 2nd East. For more information call Katie at 872-0514

New Times
Beginning March 3rd

Tuesday
10:00 AM to 11:00 AM

Wednesdays
9:30 AM to 10:30 AM

Thursday
9:30 AM to 10:30 AM

CLOSED
April 6 - 10
Summer Day Camp!

The City of Green River Parks and Recreation Department would like to invite you to join us for a summer of fun and excitement. This year at Summer Day Camp there will be a new focus on self-directed recreation. We will maintain many of the same fun and exciting activities but children will have more choices!

Register for Summer Day Camp per-day, per-week, or the entire summer.

**Dates:** June 1st - July 31st
**CLOSED:** July 3rd

**Time:** 7:30 AM to 5:30 PM

**Location:** Monroe

**Days:** Monday through Friday

**Grades:** K - 6th Grade
(20/21 school year)
* Open to children going into Kindergarten

**Cost:**
$700.00 for summer - Deadline June 3
$85.00 per week
$25.00 daily
** Additional Child Discount Available **
25% off additional children

**Minimum:** 10 participants
**Maximum:** 100 participants

**Registration Now Open:**
You may register for any amount of days or weeks available. Please be aware there are a maximum number of participants we can take per day.

**Theme:**
June 1 - 5 . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Disney
June 8 - 12 . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Fear Factor
June 15 - 19 . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Animal Planet
June 22 - 26 . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Wyoming History
June 29 - July 2 . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Totally Talented
(Closed July 3rd)
July 6 - 10 . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Amazing Art
July 13 - 17 . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Shark Week
July 20 - 24 . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Game Show
July 27 - 31 . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Olympics
American Red Cross Lifeguarding Course

Prerequisites:
1. Must be 15 years old on or before the final schedule session of this course.
2. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
3. Tread water for 2 minutes using only the legs. Candidates should place their hands under the armpits.
4. Complete a timed event within 1 minute, 40 seconds.

Class size minimum is 3, maximum is 10. Candidates must attend all classes. Contact the Recreation Center for further details.

Class Dates/Times
Monday, June 1 9:00 am-4:00 pm
Tuesday, June 2 11:00 am-4:00 pm
Wednesday, June 3 8:00 am-2:00 pm
Thursday, June 4 9:00 am-4:00 pm
Friday, June 5 9:00 am-12:00 pm

**Students must attend all classes**

Register by
9:00 PM - Tuesday, April 9 at the Green River Recreation Center

Fees
$130.00 to Green River Parks & Recreation
When you register (includes books & a pocket mask).

American Red Cross Water Safety Instructor Course

Prerequisites:
1. Must be 16 years old on or before the final scheduled session of this course.
3. Maintain position on back for 1 minute in deep water (floating or sculling).
4. Tread water for 1 minute.

Class size minimum is 4, maximum is 6. Candidates must attend all classes. Contact the Recreation Center for further details.

Class Dates/Times
Monday, March 9 (prerequisite evaluation) 4:30-6:00 PM
Tuesday’s & Thursday’s, March 10, 12, 17, & 19 5:00-8:00 PM
Monday thru Thursday, March 23-26 5:00-8:00 PM
Tuesday & Thursday, March 31 & April 2 5:00-8:00 PM

Register by
9:00 PM - Friday, March 6 at the Green River Recreation Center

Fees
$130.00 to Green River Parks & Recreation
Special Events

Spring/Summer 2020 - Green River Recreation Center
1775 Hitching Post Dr.  872-0511 ext. 0   www.cityofgreenriver.org

Quilting ON THE GREEN

Experience Classes, Quilt Displays, Quilt Judging, Trunk Show, Vendor Mall, & Enter to Win the Raffle Quilt (pictured)!

MAY 29 & 30, 2020

EXPEDITION ISLAND | GREEN RIVER, WYOMING

TO REGISTER CALL 307-872-0511 OR EMAIL QUILTINGONTHEGREENWYOMING@GMAIL.COM
LIKE US ON FACEBOOK @quiltingonthegreen

Calling all Artists for the 2020

BATTLE ON THE GREEN
Quick draw competition
Win a cash prize

The competition takes place in
Green River on
Expedition Island
August 14, 2020
* 4:30-6:30 pm
* 3 Rounds of 30 minutes
* Register on or before
  August 14th
* No entry fee
* We provide the canvas and you provide the medium.

Register on site
Or call Katie Duncombe at
307-872-0514
Summer Kickoff Party

Green River Parks & Recreation wants you to kick off your summer by getting active with your family. Join us at the Green River Recreation Center for a summer party kickoff and see what your local Parks & Recreation Department has to offer this summer!

Wednesday, May 27th
Free Activities starting at 3pm
Tiki Pool Party * Run at 6pm * BBQ at 6:30pm

Try out different classes, skate the gym, play pickleball, hit wallyballs, swim in our tiki party decorated pool, have some food on us, and check out all we have to offer.
FREE Swimming Lesson and Water Safety Education!
Save the Date! Join us June 18, 2020

1:30 PM Safety Education
2:30 PM Guinness World Record Event

Call the Green River Recreation Center for more information!